### MEAL PRICE: $2.75

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

**HOLLAND CHRISTIAN HIGH SCHOOL**

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<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
<td>Chips and Cheese, Beef Taco Meat, Lettuce, Salsa, Black Beans and Corn, Fruit Choice</td>
<td>Chicken Tenders, Waffles with Syrup Corn w/ Fresh Veggies Fruit Choice</td>
<td>HC Cinnamon Roll, Chicken Noodle Soup, Strawberry Romaine Poppy Seed Salad, Fruit Choice</td>
<td>Grilled Cheese, Soup, Veg Choice, Fruit Choice, Gold Fish Crackers</td>
<td>Fredo Friday Rotini Pasta with Chicken, Alfredo Sauce, Broccoli and Peas, Caesar Salad, Fruit Choice</td>
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<td>Walking Beef Taco, Lettuce, Tomatoes, Salsa, Cheese, Black Beans, Corn. Fresh Fruit choice</td>
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<td>Sloppy Joe Sliders, Curly Fries, Fruit Choice, Veggie Choice</td>
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<td>Oriental Chicken, Fried Rice, Stirfry Veggies, Egg Roll</td>
<td>Walking Beef Taco, Lettuce, Tomatoes, Salsa, Cheese, Black Beans, Corn. Fresh Fruit choice</td>
<td>Stromboli, Caesar Salad, Fruit Choice</td>
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**SPECIALTIES**

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<td>Chopped Salad your way</td>
<td>Pasta Bar</td>
<td>Burger Bar or Philly Steak</td>
<td>Tex Mex Station</td>
<td>Strawberry Chicken, Spinach with Poppy seeds</td>
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**BREAKFAST MENU**

**Choose 1: $2.00**

- Pick 1:
  - Bagel, Chocolate Chip Muffin, Cereal, Blueberry Muffin, Banana Bread, Pop Tarts.
  - Fruit, Milk, Fruit Juice, Vegetable Juice

**Choose 2: $2.25**

- Fruit Smoothie with Graham Crackers

**Choose 3: $2.25**

- Yogurt Parfait with Granola

**Milk Only .50**

Milk is included with lunch. Chocolate Non-fat, 1% White milk. Please be responsible for your lunch accounts! Thank you.

**GRILL STATION AVAILABLE DAILY**

- Burgers, Chicken, Fries and more...

**DELI STATION AVAILABLE DAILY**

- Yogurt Parfait with Granola

**PIZZA STATION AVAILABLE DAILY**

- Domino’s Pizzas

**EXPRESS STATION**

- All Includes salad bar, Fruit & Milk

**MONDAY**

- **UNLIMITED SELECTION OF CHOPPED SALAD**

**TUESDAY**

- **PASTA BAR MARINARA SAUCE, SPICY MARINARA ALFREDO SAUCE, MEATBALLS, GARLIC BREAD, CAESAR SALAD**

**WEDNESDAY**

- **PHILLY CHEESE STEAK BAR OR SPECIALTY CHICKEN FILLET W/ WAFFLE FRIES**

**THURSDAY**

- **TEX MEX**

**FRIDAY**

- **SPINACH SALAD STRAWBERRIES, MANDARIN ORANGES, GRILLED CHICKEN, CHOW MEIN NOODLES, FETA CHEESE & BREADSTICK**

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**EXAM WEEK**

- Monday
  -Choice 1: $2.00
  - Pick 1: Bagel, Chocolate Chip Muffin, Cereal, Blueberry Muffin, Banana Bread, Pop Tarts.
  - Fruit, Milk, Fruit Juice, Vegetable Juice

- Choice 2: $2.25
  - Fruit Smoothie with Graham Crackers

- Choice 3: $2.25
  - Yogurt Parfait with Granola

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