














HOLLAND CHRISTIAN MIDDLE SCHOOL

APRIL 2019

MEAL PRICE: \$2.55

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

Milk Only .50
Milk is included with lunch. 1% Chocolate or 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>APR 8 Hot Dog on Bun, Baked Chips, Baked Beans, Fruit Choice, Ice Cream Cups</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>NEW</p> <p>APR 9 Chicken & Waffles, Syrup, Sunny Corn, Watermelon</p>  <p>2 FETTUCINE ALFREDO 3 YOGURT PARFAIT</p>	<p>APR 10 Burger with Bacon and Cheese, Lettuce, Tomato, Sidewinder Fries, Fruit Choice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	 <p>APR 11 Dorito Walking Taco Bag, Romaine, Salsa, Cheese, Black Beans and Corn, Fresh Fruit Choice</p> <p>2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD</p>	<p>APR 12 Pizza Hut Pizza Day Garden Salad, Carrots, Tomatos, Croutons, Fruit Slushie</p> <p>NEW</p> 
<p>APR 15 Chicken Drumstick, Whipped Potatoes, Gravy, Honey Glazed Carrots, Dinner Roll, Fruit Choice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>APR 16 Cheese Omelet, Cereal Choice: Cinnamon Toast Crunch or Honey Nut Cheerios, Mini Blueberry Muffin, Fresh Peppers, Apple Juice or Mango Wango Juice</p> <p>2 FETTUCINE ALFREDO 3 YOGURT PARFAIT</p>	<p>APR 17 Vanilla Yogurt with Blueberry & Strawberry Cup, Granola, Soft Warm Pretzels, Cheese Cup, Carrots & Celery, Hummus, Dried Cherries</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>APR 18 Rotini Beef Pasta, Garden Salad, Cheese, Croutons, Garlic Bread, Fresh Fruit Choice</p> <p>2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD</p>	<p>APR 19 Pizza Hut Pizza Day Garden Salad, Carrots, Tomatos, Croutons, Fruit Slushie</p> <p>NEW</p> 
<p>APR 22 Crispy Breaded Chicken Sandwich, Leaf Lettuce, Snap Peas, Peppers, Hummus, Fruit Choice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	 <p>APR 23 Cinnamon Glazed French Toast, Sausage Link, Potato Choice, Juice and Fruit Choice</p> <p>2 FETTUCINE ALFREDO 3 YOGURT PARFAIT</p>	 <p>APR 24 HC Cinnamon Roll, Chicken Noodle Soup, Carrots, Celery, Ranch, Strawberry Parfait, Fruit Choice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>APR 25 Sloppy Joe Sliders, Crinkle Fries, Fresh Fruit</p>  <p>2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD</p>	<p>APR 26 Pizza Hut Pizza Day Garden Salad, Carrots, Tomatos, Croutons, Fruit Slushie</p> <p>NEW</p> 
<p>APR 29 Dutch Waffle, Strawberry/Blueberry Cup, Whipped Cream, Sausage Links, Mini Yogurt, Mango Wango Juice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>APR 30 Soft Shell Tortilla, Beef Taco Meat, Chips, Cheese Sauce, Romaine, Salsa, Cheese, Black Beans, Corn, Fresh Fruit Choice</p> <p>2 FETTUCINE ALFREDO 3 YOGURT PARFAIT</p>	 <p>MAY 1 Chicken Tenders, Steamed Corn, Snow Peas, Carrots, Hummus, Biscuit, Honey, Fruit Choice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>MAY 2 Beef Lasagna Roll, Marinara Sauce, Breadstick, Garden Salad, Cucumbers, Tomatoes, Ranch, Italian Fruit Ice</p> <p>2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD</p>	<p>MAY 3 Pizza Hut Pizza Day Garden Salad, Carrots, Tomatos, Croutons, Fruit Slushie</p> <p>NEW</p> 

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL

2 CHOICE 2

M/W: DELI BAR
Shaved Ham, Turkey, Salami & Cheeses

Bread Choices:
Whole Wheat Sub Roll

TUESDAY:
FETTUCINE ALFREDO
Fettucine Alfredo Caesar Salad, Bread Stick, Fruit Choice

THURSDAY:
CHICKEN TENDERS
Chicken Tenders Waffle Fries, Carrots, Celery, Broccoli, Fresh Fruit

3 CHOICE 3

MONDAY
Chef Salad Romaine
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing, Bread, Fruit

TUESDAY
Yogurt Parfait
Parfait, Mini Bagel, Carrots, Ranch, Granola

WEDNESDAY
Chef Salad
Romaine Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing, Bread, Fruit

THURSDAY
Chicken Caesar Salad
Lettuce, Grilled Chicken, Tomatoes, Croutons, Parmesan, Caesar Dressing, Bread, Fruit

FRIDAY
Chef Salad Romaine
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing, Bread, Fruit



SALAD BAR
All meals have Salad bar option!
Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Shredded Carrots, Edamame Beans, Cheese, Croutons, Fruit, Ranch, French, Italian Dressing