












ROSE PARK/SOUTH SIDE/PINE RIDGE

OCTOBER 2019

MEAL PRICE: \$2.60

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

Milk Only .50
Adult meal: \$3.65
Milk is included with lunch.
1% Chocolate or 1% White milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SEPT 30</p> <p>Tyson Mini Mega Chicken Poppers, Steamed Broccoli, Fruit Choice, Mini Chocolate Chip Muffin</p> <p>2 FROOT LOOPS BAG</p>	<p>OCT 1</p> <p>Dutch Waffle, Whipped Cream, Strawberry Cup, Potato Triangle, 2 Pork Sausage Links</p> <p>2 WARM PRETZEL & CHEESE</p>	<p>OCT 2</p> <p>Nacho Walking Chips Bags, Beef Taco Meat, Cheese, Lettuce, Salsa, Black Bean and Corn, Fruit Choice</p> <p>2 TURKEY/CHEESE SUB BAG</p>	<p>NEW</p> <p>OCT 3</p> <p>3 Cheese Cavatappi Pasta, Twisted Garlic Breadstick, Garden Salad, Ranch, Fruit Choice</p> <p>2 PILLSBURY PANCAKE BAG</p>	<p>OCT 4</p> <p>Bosco Breadsticks, Marinara Sauce, Carrots, Snow Peas, Hummus, Fruit Choice</p> <p>2 YOGURT PARFAIT</p>
<p>OCT 7</p> <p>Tyson Chicken Tenders, Whipped Potatoes, Gravy, Green Beans, Ranch, Apple Slices</p> <p>2 FROOT LOOPS BAG</p>	<p>OCT 8</p> <p>Eggo Confetti Pancakes, Cheese Omelet, Tator Tots, Fruit Choice</p> <p>2 WARM PRETZEL & CHEESE</p>	<p>OCT 9</p> <p> Soft Large Pretzel Cheese Cup, Cukes and Celery, Hummus, Fruit Choice</p> <p>2 TURKEY/CHEESE SUB BAG</p>	<p>OCT 10</p> <p> Emoji Day! Mini Corn Dogs, Emoticon Potato Shapes, Carrots, Ranch, Emoji Fruit Slushie</p> <p>2 PILLSBURY PANCAKE BAG</p>	<p>OCT 11</p> <p> Pizza Hut Pizza Day Carrots, Peppers, Apples and Grapes</p>
<p>OCT 14</p> <p>Zoo Shaped Chicken Nuggets, Animal Crackers, Red and Green Peppers, Fruit Choice</p> <p>2 FROOT LOOPS BAG</p>	<p>OCT 15</p> <p>Eggo Mini Waffles, Sausage Links, Potato Triangle, Applesauce</p> <p>2 WARM PRETZEL & CHEESE</p>	<p>OCT 16</p> <p> Cinnamon Roll, Chicken Noodle Soup Carrots/Celery, Hummus, Fruit Choice</p> <p>2 TURKEY/CHEESE SUB BAG</p>	<p>OCT 17</p> <p> Hamburger, Cheese, Lettuce Crinkle Fries, Fruit Choice, Mini Ice Cream Sandwich</p> <p>2 PILLSBURY PANCAKE BAG</p>	<p>OCT 18</p> <p>Bosco Bread Sticks, Marinara Sauce, Fresh Broccoli, Carrots Ranch, Fruit Choice</p> <p>2 YOGURT PARFAIT</p>
<p>OCT 21</p> <p> Hot Dog on Bun, Fun Size Popcorn, Baked Beans, Strawberry Cup, Mini Vanilla Ice Cream Cup</p> <p>2 FROOT LOOPS BAG</p>	<p>OCT 22</p> <p> Pillsbury Mini Cinnamon French Toast, Sausage Links, Potato Circles, Fruit Choice</p> <p>2 WARM PRETZEL & CHEESE</p>	<p>OCT 23</p> <p>HALF DAY SCHOOL</p>	<p>OCT 24</p> <p>SCHOOL HOLIDAY</p>	<p>OCT 25</p> <p>SCHOOL HOLIDAY</p>
<p>NEW</p> <p>OCT 28</p> <p>Tyson Breaded "Dilly" Chicken Nuggets, Waffle Fries, Hawaiian Roll, Fruit Choice</p> <p>2 FROOT LOOPS BAG</p>	<p>OCT 29</p> <p>Dutch Waffle, Whipped Cream, Strawberry cup, Potato Triangle, 2 Pork sausages, Apple Juice</p> <p>2 WARM PRETZEL & CHEESE</p>	<p>NEW</p> <p>OCT 30</p> <p> Cowboy Day Pork Rib-Q with Biscuit Cowboy Beans Trail Mix--Dried Apples and Granola Fruit Choice</p> <p>2 TURKEY/CHEESE SUB BAG</p>	<p>OCT 31</p> <p>Breaded Chicken Tenders, Over waffle, Corn, Apple Slices</p> <p>2 PILLSBURY PANCAKE BAG</p>	<p>NOV 1</p> <p> Pizza Hut Pizza Day Carrots, Peppers, Apples and Grapes</p>

MONDAY
2 Froot Loop Bag
 Fruit Loops Cereal, Yogurt, Sunflower Seeds, Apple Teddy Grahams, Mango Wango Juice

TUESDAY
2 Warm Pretzel & Cheese
 Fresh Broccoli, Carrots, Peach Cup, Jennie O- Turkey Stick

WEDNESDAY
2 Turkey Sub Bag
 Turkey & Cheese Sub, Celery, Hummus, Apple Slices, Mini Rice Krispie treat

THURSDAY
2 Pillsbury Pancake Bag
 Pillsbury Pancakes, Cheese Stick, Yogurt, Mango Wango Juice, Strawberries

FRIDAY
2 Yogurt Parfait
 Vanilla Yogurt Parfait, Granola, Strawberries, Carrots and Ranch, Sun chips

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

