










HOLLAND CHRISTIAN FOREST SCHOOL

OCTOBER 2019

MEAL PRICE: \$2.60



This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SEPT 30</p> <p>Mixed Up Pizza Cubed Salami, Mozzarella & Pepperoni Slices, Naan Triangles, w/ Marinara Sauce, Edamame Beans, Fruit Choice</p> 	<p>OCT 1</p> <p>Peanut Butter Banana Roll Up, Cheese Stick, Shredded Carrots, Peas, Apple Slices</p> 	<p>OCT 2</p> <p>Mini Bagel, Carrots, Cherry Tomatoes, Mini Bagel with Peanut Butter, Orange Wedges</p>	<p>OCT 3</p> <p>Yogurt Parfait Strawberry Yogurt, Granola, Berries, Bagel with Cream Cheese, Cucumbers, Carrots</p> 	<p>OCT 4</p> <p>Ham, Cheddar, Turkey, Cherry Tomato Kebobs, Gold Fish Crackers, Red & Yellow Pepper Strips, Ranch, Apple Slices</p>
<p>OCT 7</p> <p>Mixed Up Pizza Cubed Salami, Mozzarella & Pepperoni Slices, Naan Triangles, w/ Marinara Sauce, Edamame Beans, Fruit Choice</p>	<p>OCT 8</p> <p>Peanut Butter Banana Roll Up, Cheese Stick, Shredded Carrots, Peas, Apple Slices</p>	<p>OCT 9</p> <p>Mini Bagel, Carrots, Cherry Tomatoes, Mini Bagel with Peanut Butter, Orange Wedges</p>	<p>OCT 10</p> <p>Yogurt Parfait Strawberry Yogurt, Granola, Berries, Bagel with Cream Cheese, Cucumbers, Carrots</p> 	<p>OCT 11</p> <p>Ham, Cheddar, Turkey, Cherry Tomato Kebobs, Gold Fish Crackers, Red & Yellow Pepper Strips, Ranch, Apple Slices</p>
<p>OCT 14</p> <p>Mixed Up Pizza Cubed Salami, Mozzarella & Pepperoni Slices, Naan Triangles, w/ Marinara Sauce, Edamame Beans, Fruit Choice</p>	<p>OCT 15</p> <p>Peanut Butter Banana Roll Up, Cheese Stick, Shredded Carrots, Peas, Apple Slices</p>	<p>OCT 16</p> <p>Mini Bagel, Carrots, Cherry Tomatoes, Mini Bagel with Peanut Butter, Orange Wedges</p>	<p>OCT 17</p> <p>Yogurt Parfait Strawberry Yogurt, Granola, Berries, Bagel with Cream Cheese, Cucumbers, Carrots</p> 	<p>OCT 18</p> <p>Ham, Cheddar, Turkey, Cherry Tomato Kebobs, Gold Fish Crackers, Red & Yellow Pepper Strips, Ranch, Apple Slices</p>
<p>OCT 21</p> <p>Mixed Up Pizza Cubed Salami, Mozzarella & Pepperoni Slices, Naan Triangles, w/ Marinara Sauce, Edamame Beans, Fruit Choice</p> 	<p>OCT 22</p> <p>Peanut Butter Banana Roll Up, Cheese Stick, Shredded Carrots, Peas, Apple Slices</p>	<p>OCT 23</p> <p>HALF DAY SCHOOL</p>	<p>OCT 24</p> <p>SCHOOL HOLIDAY</p>	<p>OCT 25</p> <p>SCHOOL HOLIDAY</p>
<p>OCT 28</p> <p>Mixed Up Pizza Cubed Salami, Mozzarella & Pepperoni Slices, Naan Triangles, w/ Marinara Sauce, Edamame Beans, Fruit Choice</p>	<p>OCT 29</p> <p>Peanut Butter Banana Roll Up, Cheese Stick, Shredded Carrots, Peas, Apple Slices</p>	<p>OCT 30</p> <p>Mini Bagel, Carrots, Cherry Tomatoes, Mini Bagel with Peanut Butter, Orange Wedges</p>	<p>OCT 31</p> <p>Yogurt Parfait Strawberry Yogurt, Granola, Berries, Bagel with Cream Cheese, Cucumbers, Carrots</p> 	<p>NOV 1</p> <p>Ham, Cheddar, Turkey, Cherry Tomato Kebobs, Gold Fish Crackers, Red & Yellow Pepper Strips, Ranch, Apple Slices</p>

Milk Only .50
Adult meal: \$3.65
Milk is included with lunch.
1% Chocolate or 1% White milk.

BENTO BOX MEALS



GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL

