



HOLLAND CHRISTIAN FOREST SCHOOL – K-3rd



AUG/SEPT 2021

We are looking for fun, friendly individuals to join the Food Service team. Please send your interest with day and hour preference to nmichaels@hollandchristian.org.

Milk Only .50
Adult meal: \$2.00

Milk is included with lunch.
1% Chocolate or 1% White milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>If you feel you may qualify for meal benefits, please fill out an application online at lunchapp.com before 10/1/2021. Even though meals are FREE, please apply online.</p>	<p>All breakfast and lunches are FREE for the entire school year!</p> <p>To qualify for a FREE lunch students must take 3 of the 5 components (1 being a fruit or veggie).</p> <p>Components are Protein, Grain, Fruit, Vegetable and Milk.</p>			<p>AUG 20</p>
<p>AUG 23</p> <p>Early to Bed! Makes students healthy and wise!</p>	<p>AUG 24</p> <p>Mixed Up Pizza Pepperoni, Ham Salami, Marinara sauce Naan bread, Peaches</p>	<p>AUG 25</p> <p>Cinnamon Roll Yogurt, Cheese Stick Mango Wango Juice Grapes</p>	<p>AUG 26</p> <p>SLEEPY HEAD DAY Cinnamon Toast Crunch Yogurt, Cheese Stick Mango Wango Grapes</p>	<p>AUG 27</p> <p>Ham & Cheese on Pita Bug Bite Crackers Carrots w/Ranch Applesauce Cup</p>
<p>AUG 30</p> <p>Ham & Cheese Wrap Fresh Peppers Crackers Grapes</p>	<p>AUG 31</p> <p>Mixed Up Pizza Pepperoni, Ham Salami, Marinara sauce Naan bread, Peaches</p>	<p>SEPT 1</p> <p>Ham & Cheese Sub Celery w/Ranch Apple Slices Crackers</p>	<p>SEPT 2</p> <p>SLEEPY HEAD DAY Cinnamon Toast Crunch Yogurt, Cheese Stick Mango Wango Grapes</p>	<p>SEPT 3</p> <p>DAY off</p>
<p>SEPT 6</p>	<p>Due to availability, menu subject to change.</p>		<p>STAFF MEAL \$2.00</p>	

BREAKFAST MENU

MONDAY
Blueberry Muffin
Applesauce Cup
1% White Milk

TUESDAY
Yogurt, Peaches
Granola Bar
1% White Milk

WEDNESDAY
Cereal, Banana
1% White Milk

THURSDAY
Cheese Stick
Bug Bites
Orange Wedges
1% White Milk

FRIDAY
Poptart, Yogurt
Apple Juice
1% White Milk

LUNCH IS FREE EVERYDAY!
AUGUST THROUGH JUNE 2022
NO SIGN UP NEEDED

ENJOY!

HC FOOD SERVICE OFFICE
616-820-2934

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

