



HOLLAND CHRISTIAN MIDDLE SCHOOL

AUG/SEPT 2021

We are looking for fun, friendly individuals to join the Food Service team. Please send your interest with day and hour preference to nmichaels@hollandchristian.org.

Milk Only .50
Milk is included with lunch. 1% Chocolate or 1% White milk. Please be responsible for your lunch accounts! Thank you

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| <p>If you feel you may qualify for meal benefits, please fill out an application online at lunchapp.com before 10/1/2021. Even though meals are FREE, please apply online.</p> | <p>All breakfast and lunches are FREE for the entire school year!</p> <p>To qualify for a FREE lunch students must take 3 of the 5 components (1 being a fruit or veggie).</p> <p>Components are Protein, Grain, Fruit, Vegetable and Milk.</p> | | <p>WELCOME BACK TO SCHOOL</p> | |
| <p>AUG 23</p> <p>Early to Bed! Makes students healthy and wise!</p> | <p>AUG 24</p> <p>Chicken Nuggets Blueberry Muffin Carrots w/Ranch Watermelon</p> <p>2 YOGURT PARFAIT</p> | <p>AUG 25</p> <p>Cinnamon Roll Cheese Stick Yogurt, Grapes Mango Wango</p> | <p>AUG 26</p> <p>THE HUT DAY!! Pizza Hut Pizza Garden Salad Fruit, Chips</p> | <p>AUG 27</p> <p>Ham & Cheese Sub Fun Size Chips Applesauce Cup Peppers</p> <p>2 ITALIAN FOCCACIA SANDWICH</p> |
| <p>AUG 30</p> <p>CORN CRAZY DAY Mini Corn Dogs, Corn Chips, Corn, Corn Muffin Mandarin Oranges</p> <p>2 ITALIAN FOCCACIA SANDWICH</p> | <p>AUG 31</p> <p>Hamburger w/ Cheese on Bun, Carrots w/ Ranch, Apple Slices Cheetos</p> <p>2 YOGURT PARFAIT</p> | <p>SEPT 1</p> <p>SLEEPY HEAD DAY Cinnamon Toast Crunch Yogurt, Cheese Stick Mango Wango, Banana</p> <p>2 AZTEC WRAP</p> | <p>SEPT 2</p> <p>THE HUT DAY!! Pizza Hut Pizza Garden Salad Fruit, Chips</p> | <p>SEPT 3</p> <p>DAY OFF</p> |
| <p>SEPT 6</p> <p>LABOR DAY No School!</p> | <p>Due to availability, menu subject to change.</p> <p>LUNCH IS FREE EVERYDAY! AUGUST THROUGH JUNE 2022 NO SIGN UP NEEDED</p> | | <p>STAFF LUNCH \$2.00</p> | |



BREAKFAST MENU

MONDAY

Blueberry Muffin
Applesauce Cup
1% White Milk

TUESDAY

Yogurt
Granola Bar
Peaches
1% White Milk

WEDNESDAY

Cereal
Banana
1% White Milk

THURSDAY

3 Cheese Stick
Bug Bites
Orange Wedges
1% White Milk

FRIDAY

Poptart
Yogurt
Apple Juice
1% White Milk

2 CHOICE 2

Available every day except where noted

MONDAY/FRIDAY

Italian Focaccia Sandwich

TUESDAY

Yogurt Parfait with Cheese Stick

WEDNESDAY

Aztec Wrap

HC FOOD SERVICE OFFICE

616-820-2934

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.